



Jobs & Internships

In the era of COVID-19 (as of 4/28/2020)



What is
happening?
Our labor
market
landscape

Wartime vs. Recession
vs. Natural Disaster

Business closures

Remote work, taking
care of kids

Unemployment high

What we
can't tell
you

- When and how we will “re-open” the economy?
- What will the “new normal” will be in Bay Area in terms of the economy and job market?
- What sectors and businesses will be hiring back workers first, and when we do return?

Getting your stimulus check

If you are NOT a dependent and make under \$75,000, get \$1,200

\$500 per child (under 17)

If have direct deposit (filed tax returns in 2018 or 2019, SSDI) should have gotten.

Or go to <https://www.irs.gov/coronavirus/get-my-payment> to check your payment status or <https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here> to sign up to receive direct deposit payment to your bank or by check.

Unemployment

- File ASAP (can take a long time to receive & starts at time you file, not time you stopped working)
- Fill out at the Department of Labor website of CA: <https://www.edd.ca.gov/unemployment/>
- Stimulus bill impact on unemployment:
 - Expansion of unemployment is additional 13 weeks to the CA max.
 - Added \$600 a week on top of your state unemployment amount.
 - Now also applies to gig workers, freelancers, self-employed and part-time workers.
 - If you previously used all your benefits, you can refile and the package extends benefits by 13 weeks for a maximum of 39 weeks.
 - Those under doctor-ordered quarantine, diagnosed with or caring for someone with COVID-19 and those who lost child care and had to leave work as a result can apply.
 - As for people with multiple streams of income who lose one or more of their jobs, it's worth applying for unemployment.
- CARE Act for COM Students
 - Fill out a FAFSA 2019-2020
 - 6 units in Fall 2020
 - Ruby Reyes at COM for questions rureyes@marin.edu

What if you need to work: Who's hiring?



Jobs in healthcare (providers and manufacturers):

Emergency services, diagnostics, pharmaceutical, medical supplies, personal protective equipment



Grocery, discount chains, online retailers, warehouses

Amazon: 100,000 hires
Walmart: 150,000 associates



Gig work like Doordash and Taskrabbit

Instacart: 300,000 shoppers



Essential workers: Law enforcement, utilities, transportation, public works, financial services

Remote Work

Don't need to be in your ideal job right now, just need a job

- Companies like to see initiative (transferable skill)
- Understand situation

Possible remote work

- Lower skill sets: E.g. audio transcription, customer service, data entry
- Remote meeting companies like Zoom, Slack, and Microsoft Teams are hiring
- Indeed.com

Be prepared for virtual interview

- Space/location
- Demeanor & Appearance
- Eye contact/fidgeting
- Do test run

Need internet?

- Internet service provider deals
- Possible Chromebooks from COM
- Check with counselor or file a COM Care report with needs.

Internships – NACE survey

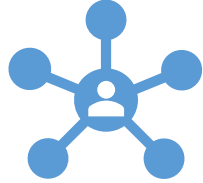
- **Poll shows steady push toward:**
 - **Moving internships online**
 - **Starting them later**
 - **Cutting back on the number of interns**
 - **Some summer internships are being revoked (70%)**
- **Career fairs moving online**
- **Still waiting to see impact for next year.**





Recognize what is and is not within your control. Pick **one** thing to work on.

Network & Research



Virtual coffee meetings

- People you know or you don't know
- Think of your **network**: school, community, religious, family, friends
- Reach out to **instructors** too!



Research companies, industries

- Explore opportunities for the future, learn about trends
- Set up **Google alerts** for specific companies of interest
- Check out COM's website (upcoming)



Get In the Know

- Join **professional groups** on LinkedIn or FB
- Use the **Alumni Tool** to find people to interview or learn about different job titles
- Keep your social media in check

Add to Your Resume



Start a website or do a project

- Create a **website or blog**:
<https://www.techradar.com/news/the-best-free-blogging-sites>
- Do people-powered **research**:
<https://www.zooniverse.org>



Volunteer (from home)

Help people and get experience!

- **Volunteer Match**: <https://www.volunteermatch.org/covid-19>
- Volunteering opps: <https://www.distinctivecollegeconsulting.com/blog/volunteer-from-home>



Take free classes to gain skills if don't have an internship

- EdX (MOOCs)
- Microsoft Training and Tutorials
- Google Analytics
- Digital marketing
- Coding or data science

Take Care of Yourself... When & How You Can



Breathe



Exercise



Eat and sleep
well



Routine



Self-
compassion

Resume Review

**Tomorrow,
Thursday, April
30th from 2-4pm**

**15 minutes one-
on-one drop-ins**

Websites for more information

Resources for well-being	<p>https://emmresourcecenter.org/collection/covid-19-response</p> <p>www.edd.ca.gov/about_edd/additional_resources.htm</p> <p>http://www1.marin.edu/resource-guides/support-services</p> <p>https://covid19.ca.gov/resources-for-emotional-support-and-well-being</p>
Job resources	<p>www.indeed.com/heretohelp</p> <p>www.onwardca.org</p> <p>Volunteer: https://www.volunteermatch.org/covid19</p> <p>https://www.distinctivecollegeconsulting.com/blog/volunteer-from-home</p> <p>Unemployment: https://edd.ca.gov</p>
Classes	<p>Classes from MIT/Harvard: https://www.edx.org/</p> <p>Microsoft Training: https://support.office.com/en-us/office-training-center</p> <p>Online classes: https://www.themuse.com/advice/14-best-sites-for-taking-online-classes-thatll-boost-your-skills-and-get-you-ahead</p>
Follow-up with questions:	<p>Alex: arjones@marin.edu</p> <p>Robyn: rkurland@marin.edu</p>