

The courses listed below fulfill the lower-division general education requirements at both UC and CSU campuses.

Student _____ MOO# _____ Counselor _____ Date _____

All courses must be completed with a grade of "C" or higher.

Legend: C = Completed, IP = In Progress, N = Need

Area 1 - ENGLISH COMMUNICATION 9 units required.	Course outside of COM/AP/IB	C	IP	N
1A - English Composition: ENGL 150SL; ENGL C1000 (fka ENGL 150)	1A			
1B - Critical Thinking and Composition: ENGL C1001 (fka ENGL 155), ENGL C1003 (fka ENGL 151)	1B			
1C - Oral Communication: COMM 100, COMM C1000 (fka COMM 103)	1C			
Area 2 - MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING 3 units required.	Course outside of COM/AP/IB	C	IP	N
COMP/MATH 117; MATH 102, 105, 108, 109, 114, 116, 117, 121+, 122+, 123+, 124+, 216, 223, 224; STAT C1000+ (fka MATH 115); STAT 115+	2			
Area 3 - ARTS AND HUMANITIES 6 units required. Complete 1 course from 3A and 1 course from 3B.	Course outside of COM/AP/IB	C	IP	N
3A - The Arts: ARCH 100+, 101+, 102+; ART 103, 105, 107, 111, 197; ARTH C1001 (fka ART 101), ARTH C1002 (fka ART 102); DANC 100, 101, 108; DRAM 103, 110; FILM 109A, 109B; MUS 101, 102, 105, 109	3A			
3B - The Humanities: ASL 102, 203; DRAM 116, 117; ENGL 208, 212, 214, 220, 221A, 221B, 222, 223, 224, 225, 230, 235, 237, 240; ETST 154; FREN 102, 108A, 203, 204, 228A, 228B; HIST 170*, 180*; HUM 100A, 100B, 101, 118, 125; ITAL 102, 108A, 203, 204; JPNS 102, 203, 204; PHIL 110, 111, 115, 116, 117, 118; SPAN 102, 108A, 128A, 203, 204, 228C	3B			
Area 4 - SOCIAL AND BEHAVIORAL SCIENCES 6 units required. Complete 2 courses from 2 different disciplines.	Course outside of COM/AP/IB	C	IP	N
ANTH 102, 110, 208; BEHS 103, BEHS/SOC 130, 223; BIOL/PSY 251; COMM 102, 110, 160; ECE 110; ECON 120, C2001 (fka ECON 102), C2002 (fka ECON 101); ETST 110*, 112*, 121*; GEOG 100, 102, 109; HIST 100, 101, 102, 151, 152, 170*, 180*, 238; C1001 (fka HIST 117), C1002 (fka HIST 118); POLS 100+, 102, 103, 104, 201, 203, 210, 219; POLS C1000 (fka POLS 101+); PSY 111+ or 116+, 112, 114 (credits may be limited if 112 and 114 were taken before Fall 2019), 140, 204, 205, 230, 251; PSYC C1000 (fka PSY 110) PSY/SOC 140, 205, 230; SOC 110, 112, 114, 130, 140, 205, 223, 230	4			
Area 5 - PHYSICAL AND BIOLOGICAL SCIENCES 7 units required.	Course outside of COM/AP/IB	C	IP	N
Courses with a lab component are underlined. Stand-alone lab course must correspond to the lecture course.				
5A - Physical Science: ASTR 101; BIOL/ENVS <u>138*</u>; BIOL/ENVS/GEOG 141; CHEM 105+, <u>110</u>, <u>114+</u>, <u>131+</u>, <u>132</u>, <u>231</u>, <u>232</u>; GEOG 101, 112; GEOL 103, 109, 114, 120, <u>121</u>; PHYS <u>108A+</u>, <u>108B+</u>, 110+, <u>207A+</u>, <u>207B+</u>, <u>207C+</u>	5A			
5B - Biological Science: ANTH 101; BIOL/KIN 107, BIOL 110, <u>111A</u>, <u>111B</u>, <u>112A</u>, <u>112B</u>, <u>112C</u>, <u>120</u>, <u>138*</u>, 162, <u>224</u>, <u>235</u>, <u>240</u>; BIOL/ENVS <u>138*</u>	5B			
5C - Science Laboratory: ANTH <u>101L</u>; ASTR <u>117L</u>; BIOL <u>110L</u>, <u>111A</u>, <u>111B</u>, <u>112A</u>, <u>112B</u>, <u>112C</u>, <u>120</u>, <u>224</u>, <u>235</u>, <u>240</u>, BIOL/ENVS <u>138</u>; CHEM <u>110</u>, <u>114+</u>, <u>131+</u>, <u>132</u>, <u>231</u>, <u>232</u>; GEOG <u>101L</u>; GEOL <u>120L</u>, <u>121</u> PHYS <u>108A+</u>, <u>108B+</u>, <u>207A+</u>, <u>207B+</u>, <u>207C+</u>	5C			
Area 6 - ETHNIC STUDIES 3 units required.	Course outside of COM/AP/IB	C	IP	N
ETST 110*, 112*, 121*				

Notes: fka = "Formerly known as"

*Courses listed in multiple areas shall not be certified in more than one area (with the exception of the "OPTIONAL" sections below)

"+" Indicates that either the University of California or the California State University or both will limit transfer credit.

The following areas are NOT REQUIRED for Cal-GETC Certification but can be completed prior to transfer

OPTIONAL: U.S. HISTORY, CONSTITUTION & AMERICAN IDEALS	Course outside of COM/AP/IB	C	IP	N
The following are graduation requirements from the CSU and are NOT required for Cal-GETC Certification or transfer.				
US - 1: ETST 112, 121, 151; HIST 100, C1001 (fka HIST 117), C1002 (fka HIST 118), 151	US-1			
US - 2 & US - 3: POLS 100, POLS C1000 [fka POLS 101]	US-2&3			
OPTIONAL: LANGUAGE OTHER THAN ENGLISH (LOTE)	Course outside of COM/AP/IB	C	IP	N
This is a graduation requirement from select Ucs (see reverse side). Equivalent to 2 years of HS instruction.				
LOTE: ASL 101, 102, 203; FREN 101, 102, 203, 204, 228A, 228B; ITAL 101, 102, 203, 204; JPNS 101, 102, 203, 204; SPAN 101, 102, 128A, 203, 204, 228C				


If you attended College of Marin prior to Fall 2025, you may have catalog rights to previous versions of general education (IGETC or CSU GE Breadth). Please see a counselor to determine which general education pattern fits with your education goals.

Cal-GETC General Education Transfer Information for UC and CSU

The California Intersegmental General Education Transfer Curriculum (Cal-GETC) is a 34-unit general education pattern effective Fall 2025 which allows California Community College students to fulfill lower-division general education (GE) requirements for either the CSU or UC system without the need, after transfer, to take additional lower-division GE requirements.

UC TRANSFER INFORMATION

In the UC system, some majors do not accept Cal-GETC as complete fulfillment of the lower-division general education breadth. To be eligible for transfer as an **Upper-Division** transfer student to the UC system, students must complete 60 UC-transferable units with a 2.4 GPA and meet the **7-course breadth pattern** below.

<p>“7-Course Pattern” Requirement</p> <p>Students must complete:</p> <ul style="list-style-type: none"> • Two UC-English courses • One UC-Mathematics & Quantitative Reasoning course • Four transferable courses from the following areas: <ul style="list-style-type: none"> ○ Arts & Humanities ○ Social & Behavioral Sciences ○ Physical & Biological Sciences 	<p>9 UC Campuses</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">UC Berkeley</td> <td style="width: 50%;">UC Riverside*</td> </tr> <tr> <td>UC Davis*</td> <td>UC San Diego</td> </tr> <tr> <td>UC Irvine*</td> <td>UC Santa Cruz*</td> </tr> <tr> <td>UC Los Angeles</td> <td>UC Santa Barbara*</td> </tr> <tr> <td>UC Merced*</td> <td></td> </tr> </table>	UC Berkeley	UC Riverside*	UC Davis*	UC San Diego	UC Irvine*	UC Santa Cruz*	UC Los Angeles	UC Santa Barbara*	UC Merced*		 <p>For more information on UC Transfer</p>
UC Berkeley	UC Riverside*											
UC Davis*	UC San Diego											
UC Irvine*	UC Santa Cruz*											
UC Los Angeles	UC Santa Barbara*											
UC Merced*												
<p>*Select UC campuses above offer a Transfer Admissions Guarantee (TAG) Program for CCC students. See QR code for details.</p>												

Language Other Than English (LOTE): Select UC campuses may require a LOTE course for graduation. See QR code for details.

CSU TRANSFER INFORMATION

Cal-GETC is not required for all majors in the CSU system. To be considered an **Upper-Division** transfer student, students must complete 60 CSU-transferable units with a 2.0 GPA and the “Golden Four” below. A maximum of 70 lower-division units may be transferred. The CSUs offer an Associates Degree for Transfer program that guarantees admission to one of the CSUs. For more on CSU Transfer, see QR code:



<p>“Golden Four” Requirement</p> <p>Areas 1A, 1B, 1C, and 2 are considered the “Golden Four” and must be completed with grades of “C” or higher. Note: high unit programs (e.g., Engineering) may not require Area 1B Critical Thinking prior to transfer.</p>	<p>23 CSU Campuses</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Bakersfield</td> <td style="width: 33%;">East Bay</td> <td style="width: 33%;">San Bernardino</td> </tr> <tr> <td>Cal Poly San Luis Obispo/Cal Maritime</td> <td>Fresno</td> <td>San Diego</td> </tr> <tr> <td>Cal Poly Pomona</td> <td>Fullerton</td> <td>San Francisco</td> </tr> <tr> <td>Cal Poly Humboldt</td> <td>Long Beach</td> <td>San Jose</td> </tr> <tr> <td>Channel Islands</td> <td>Los Angeles</td> <td>San Marcos</td> </tr> <tr> <td>Chico</td> <td>Monterey Bay</td> <td>Sonoma</td> </tr> <tr> <td>Dominguez Hills</td> <td>Northridge</td> <td>Stanislaus</td> </tr> </table>	Bakersfield	East Bay	San Bernardino	Cal Poly San Luis Obispo/Cal Maritime	Fresno	San Diego	Cal Poly Pomona	Fullerton	San Francisco	Cal Poly Humboldt	Long Beach	San Jose	Channel Islands	Los Angeles	San Marcos	Chico	Monterey Bay	Sonoma	Dominguez Hills	Northridge	Stanislaus
Bakersfield	East Bay	San Bernardino																				
Cal Poly San Luis Obispo/Cal Maritime	Fresno	San Diego																				
Cal Poly Pomona	Fullerton	San Francisco																				
Cal Poly Humboldt	Long Beach	San Jose																				
Channel Islands	Los Angeles	San Marcos																				
Chico	Monterey Bay	Sonoma																				
Dominguez Hills	Northridge	Stanislaus																				

US History, Constitution and American Ideals: All CSU campuses require a U.S. History and an American Government course for graduation. This requirement may be met prior to transfer but does not impact admissions or certification of general education.

Cal-GETC CERTIFICATION

Cal-GETC Certification refers to an official notification from a community college that a transfer student has completed the lower-division GE requirements for UC or CSU bachelor’s degree program. **Cal-GETC Certification** is given to students who have completed all areas of the GE pattern outlined on the reverse side of this document with a “C” or better. Please request Cal-GETC certification from the last community college you attend prior to transfer. Students can also meet with a counselor to apply for a **Certificate of Achievement: Cal-GETC General Education**.

CATALOG RIGHTS



Students who begin Fall 2025 must follow Cal-GETC if they are planning to complete lower-division general education prior to transferring to a UC or CSU. Students who began their academic journey prior to Fall 2025 and maintain catalog rights have the option to complete Cal-GETC or continue with the existing IGETC or CSU Breadth requirements. Use QR Code (left) to access previous versions of General Education.

*The information on this document was prepared based on data available at the time of publication and is subject to change. The current information can be found at www.assist.org. **Please see a counselor for details about your specific educational goals.** You can schedule an appointment through your [MyCOM Portal](#) or by calling the Counseling Department (628) 234-7432.*